#### Leicester PNA

# Health and Wellbeing Scrutiny Commission 4 November 2014 Leicester

#### Structure of Needs Assessment

- Population profile of Leicester
- Local health needs
- Local health needs by wards in Leicester
- Pharmacy provision
  - Essential Services
  - Advanced Services
  - Community based services
- Access to pharmacies
- People's views of pharmacy services
- Projected future needs
- Analysis of gaps in services
- Engagement
- Conclusions
- Recommendations
- Equality Impact Assessment

### Health Needs 1

- In 2013, the population of Leicester was 333,812 people
- Leicester's population is relatively young compared with England;
  - o a third of all city households include dependent children
  - 20% (65,400) of Leicester's population are aged 20-29 years old (14% in England)
  - 12% (38,750) of the population are aged over 65 (17% in England)
- The population of Leicester is growing and by 2037 the total population is predicted to reach 378,000 people, a total population growth of 13.3%
- In the next 10 years, the population is predicted to grow to 356,000 as follows:
  - An increase in 0-19 year olds (of 5,600)
  - An increase in the over 55s of 13,700 with the largest increase in 60-79 year olds (10,800) and over 80s (2,300)

#### Health Needs 2

- High levels of deprivation
- Diverse population: 50% White, 37% Asian or Asian British
- Low life expectancy in Leicester (men 77.0, women 81.8)
- High rates of premature mortality in all causes, cardiovascular diseases and COPD
- High smoking prevalence in west of city
- High levels of diabetes
- Poor sexual health

#### Burden of disease

- 43,233 people on GP hypertension registers
- 24,554 people on GP diabetes registers
- 19,858 people on GP asthma registers
- 17,523 people on GP depression registers
- 10,022 people on GP coronary heart disease registers
- 9,311 people on GP hypothyroidism registers
- 5,145 people on GP COPD registers
- 4,442 people on GP stroke or transient ischaemic attacks registers
- 4,171 people on GP cancer registers
- 3,709 people on GP mental health registers

## Pharmacy Services

Essential services

Advanced services

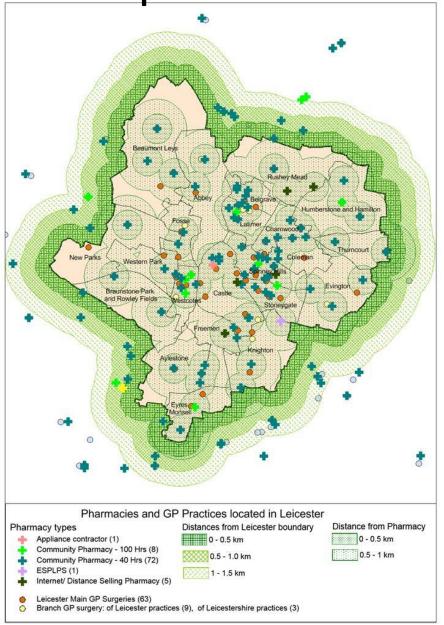
Community based services

#### **Essential Services**

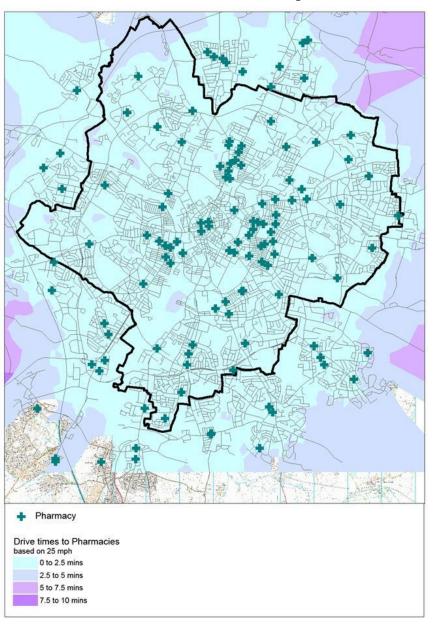
	Total No.	Essential Small Pharmacies Local Pharmaceuti	Internet/ Distance Selling	Annliance	Pharmacies
Ward name		cal Services	у		population
Abbey	2	0	0	0	1.2
Aylestone	4	0	0	0	3.4
Beaumont Leys	3	0	0	0	1.7
Belgrave	5	0	0	0	3.8
Braunstone Park & Rowley Fields	2	0	0	0	1.0
Castle	8	0	1	1	3.0
Charnwood	5	0	0	0	3.1
Coleman	4	0	0	0	2.4
Evington	3	0	0	0	2.5
Eyres Monsell	3	0	0	0	2.4
Fosse	2	0	0	0	1.5
Freemen	1	0	1	0	0.8
Humberstone and Hamilton	3	0	0	0	1.5
Knighton	4	1	0	0	2.2
Latimer	7	0	0	0	4.5
New Parks	1	0	0	0	0.5
Rushey Mead	3	0	2	0	1.7
Spinney Hills	10	0	1	0	3.5
Stoneygate	6	0	0	0	2.6
Thurncourt	2	0	0	0	1.8
Westcotes	6	0	0	0	4.3
Western Park	3	0	0	0	2.7
Leicester City	87	1	5	1	2.4

- Overall, Leicester has 2.4 pharmacies per 10,000 population
- Latimer has the most at 4.5
- New Parks has the least at 0.5
- There are no dispensing GPs

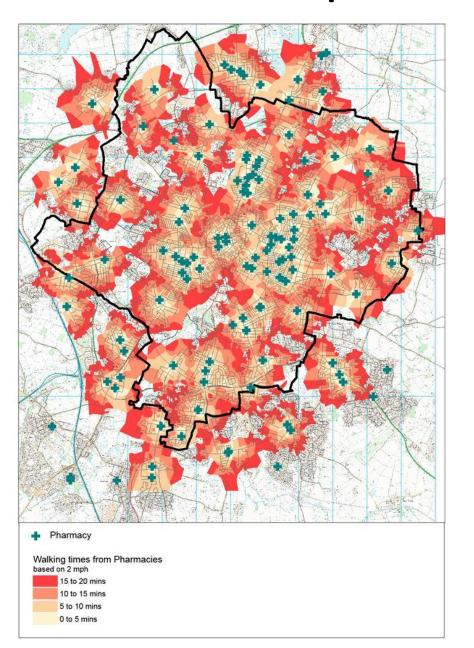
Location of pharmaceutical services



# Drive-time to pharmacies

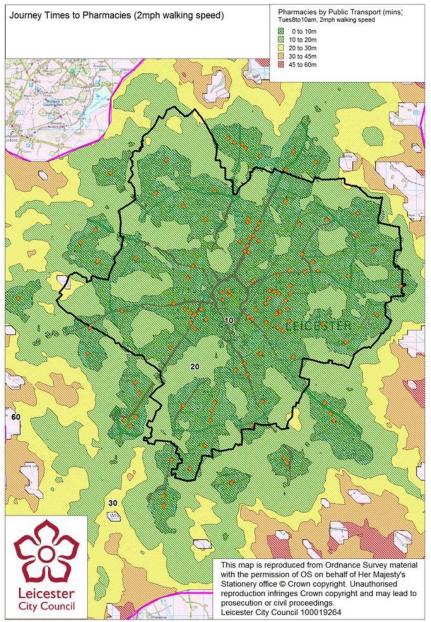


## Walk time to pharmacies



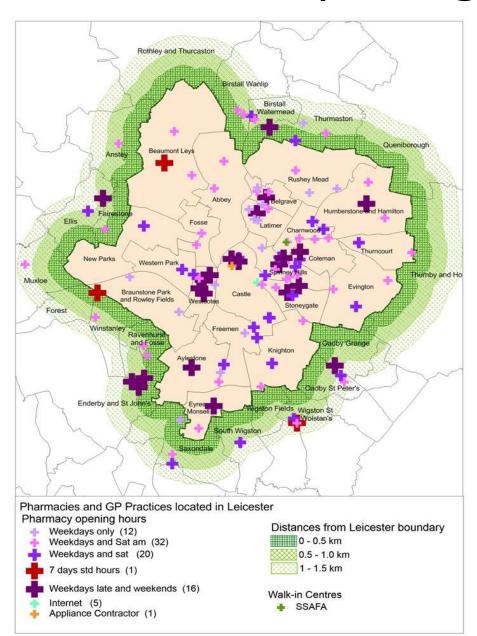
Most patients will be able to walk to their nearest pharmacy within 20 minutes

## Public transport travel times



The majority of Leicester's residents should be able to travel to their nearest pharmacy within 20 minutes using public transport

## **Opening Hours**



Less pharmacies and less opening hours in the west of the city

- Freemen has an internet pharmacy only
- Rushey Mead has 2 internet pharmacies and 1 pharmacy open 52 hours per week including Saturday morning
- 5 wards have less than 100 open pharmacy hours per week
  - New Parks: one pharmacy open for 47 hours per week including Saturday
  - Abbey: 2 pharmacies, total of 87 hours including Saturday morning
  - Fosse: 2 pharmacies, total of 92 hours including Saturday morning
  - Thurncourt: 2 pharmacies, total of 95 hours including Saturday morning
  - Braunstone Park and Rowley Fields: 2 pharmacies, total of 96 hours, closed weekends
- Spinney Hills has the highest provision: 10 pharmacies open for a total of 533 hours per week, including one 100 hour pharmacy, one internet pharmacy, late weekday opening hours and weekends

#### Discussion

- 1) Other gaps we should highlight
- Is there enough coverage with community pharmaciesequity of pharmacies
- 3) Should we be making any recommendations to NHS England about their future commissioning plans

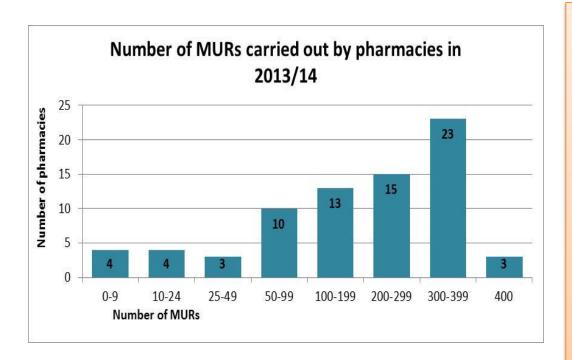
## **Advanced Services**

## Pharmacies providing Advanced Services

		Medicines	New	Appliance	Number Stoma Appliance
	No. of	Use	Medicine	Use	Customisa
Ward name	▼ Pharmacies	Review	Service	Review	tion
Abbey	2	1	1		
Aylestone	4	4	4	2	2
Beaumont Leys	3	3	3	1	1
Belgrave	5	4	3		
Braunstone Park & Rowley Fields	2	2	2		
Castle	8	6	6		
Charnwood	5	5	4	1	1
Coleman	4	4	4	1	
Evington	3	3	2		
Eyres Monsell	3	3	2	1	1
Fosse	2	1			
Freemen	1				
Humberstone and Hamilton	3	3	3		
Knighton	4	4	3	2	1
Latimer	7	5	5		
New Parks	1	1	1		
Rushey Mead	3	2	2		
Spinney Hills	10	9	8	1	1
Stoneygate	6	5	3		
Thurncourt	2	2	1	1	
Westcotes	6	5	5		
Western Park	3	3	3		
Leicester Total	87	75	65	10	7
					Stoma
		Medicines			Appliance
Distance from Leicester		Use	Medicine		Customisa
	Pharmacies		Service	Review	tion
0 km to 0.5km	9	8	3		
0.5km to 1km	15	15	14	2	2
1km to 1.5km	8	8	8		

- 75 out of the 87
   pharmacies in Leicester
   provide MURs (86%)
- In 2013/14 16,121
   reviews were carried out,
   49 MURs per 1,000 pop
- Lowest rate in Abbey
- Highest rate in Spinney Hills (33 MURs per 1,000 population)

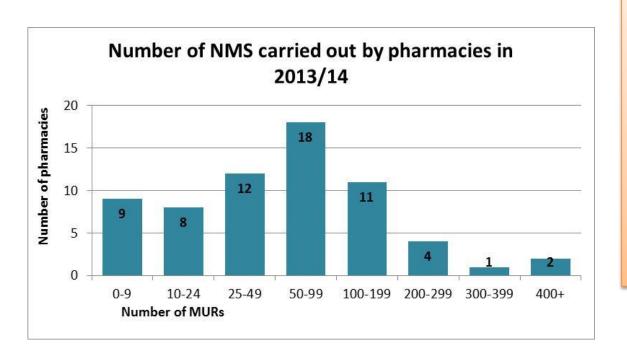
## Medicines Use Reviews



National average is 92% of pharmacies providing MURs 86% of pharmacies in Leicester

- 75 out of the 87 pharmacies in Leicester provide MURs (86%)
- In 2013/14 16,121 reviews were carried out, 49 MURs per 1,000 pop
  - No provision in Freemen
  - Lowest rate in Abbey
  - Highest rate in Spinney
     Hills (33 MURs per
     1,000 population)
- Max number per year is 400 carried out by 3 pharmacies

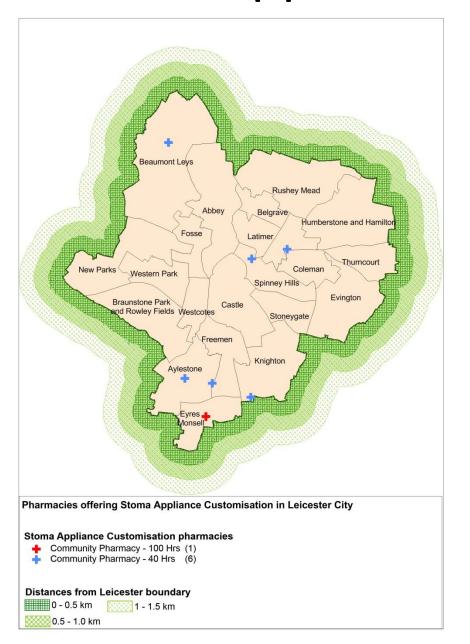
#### New Medicines Service



- 65 out of 87 providing NMS
- 2013/14 5,698 NMS, 173
   per 1,000 population
- No provision in Freemen or Fosse
- Lowest rate in Abbey
- Highest rate in Aylestone
   40 NMS per 1,000
   population

National average is 68% of pharmacies providing NMS 75% of pharmacies in Leicester

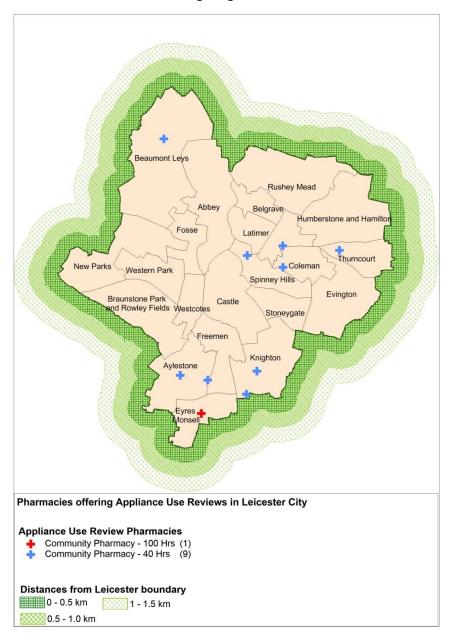
## Stoma Appliance Customisation



- In Leicester, 7 pharmacies provide SAC
- Lack of provision in west of city and east around the border
- SAC provision in 6 of 22 wards with 2 pharmacies providing SAC in Aylestone

National average is 15.2% of pharmacies providing SAC 8% of pharmacies in Leicester

## **Appliance Use Reviews**



- In Leicester, 11 pharmacies provide AURs
- 8 of Leicester's 22 wards have pharmacies providing AURs
- Lack of provision in the west
  - Aylestone and Knighton have 2 pharmacies each providing AURs

National average is 12% of pharmacies providing AUR 11.5% of pharmacies in Leicester

## Key Messages

- Good coverage of advanced services
- Opportunity to maximise the levels of activity in pharmacies
- Recommendation to NHS England to increase activity levels in the pharmacies that are providing MURs

#### Discussion

- Other gaps we should highlight
- Is there enough coverage within community
- Is there equitable coverage within the community
- Should we be making any recommendations to NHS England about their future commissioning plans

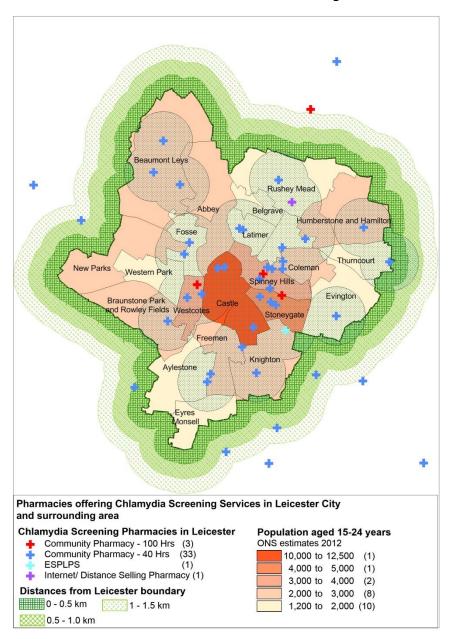
## **Community Based Services**

## **Community Based Services**

Ward name	No. of Pharmacies			Emergency Hormonal Contracept ion	H-Pylori breath testing	Healthy Living Pharmacy	Minor Ailments	Needle exchange	Supervised consumption	Stop Smoking	Palliative care	Total no services, excl MUR, NMS
Abbey	2			1			1		2	1	1	6
Aylestone	4		2	3	3		3	1	4	2		22
Beaumont Leys	3		3	3	1		2	1	3	2	2	19
Belgrave	5			2	2		4	1	2	2	1	14
Braunstone Park & Rowley Fields	2		1	1	1		1	1	2	2		9
Castle	8		3	5	2		1		5	4		20
Charnwood	5		2	2	2		2	2	3	5	1	21
Coleman	4		3	4	3		3	1	2	3	1	21
Evington	3		1	2	1		1		2			7
Eyres Monsell	3			1					1	2		6
Fosse	2		2	2	1				1	2		8
Freemen	1											0
Humberstone and Hamilton	3		1	2					2	3		8
Knighton	4		3	3	3		2	1	1	2		18
Latimer	7		2	5	3		3		1	3	1	18
New Parks	1			1			1	1	1	1		5
Rushey Mead	3		2	2	2		2		1	1		10
Spinney Hills	10		4	6	2		6	1	6	5	2	34
Stoneygate	6		5	5	4		4	1	2	3	1	25
Thurncourt	2		1	2			2		2	2		10
Westcotes	6		3	3	4		4		5	3	1	23
Western Park	3				2		2	1	1	2		8
Leicester Total	87		38	55	36		44	12	49	50	11	312
% of pharmacies offering services		0.0%	43.7%	63.2%	41.4%	0.0%	50.6%	13.8%	56.3%	57.5%	12.6%	

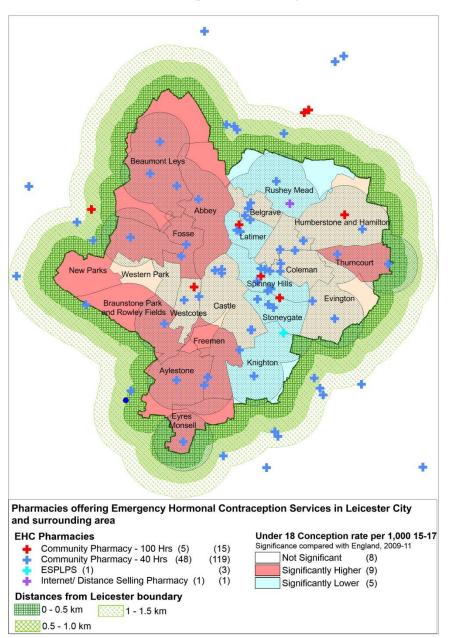
- No community based services in Freemen, 34 services within Spinney Hills
- Alcohol brief interventions and health living pharmacy services not currently offered in Leicester pharmacies

## Chlamydia Screening



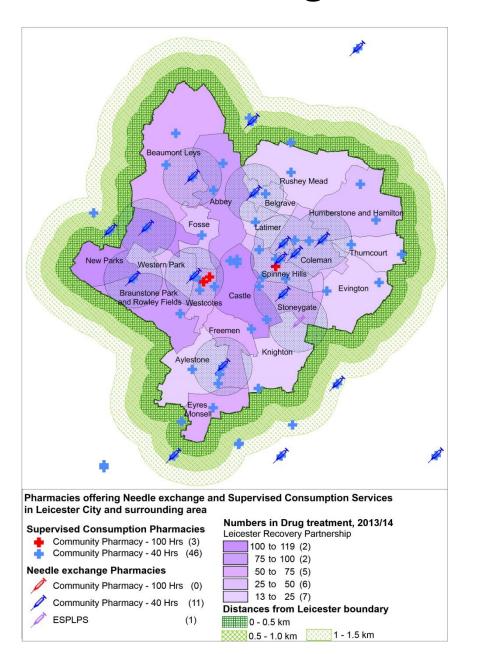
- 38 pharmacies have signed up to chlamydia screening
- Less provision available in west of Leicester
- Low uptake of screening for NCMP (awaiting data)
- Is this an effective delivery model?

## **Emergency Hormonal Contraception**



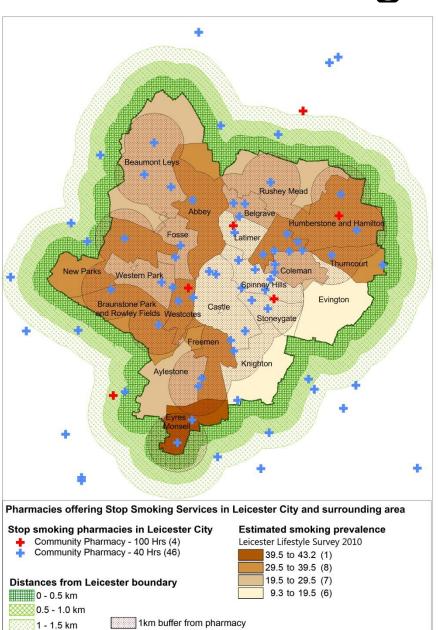
- 55 pharmacies have signed up to EHC (63%)
- 1,576 claims for EHC (Apr-Dec 2013)
- Overall consultation rate in Leicester pharmacies was 513 consultations per 1,000 females aged 15-24
- 77% of EHC was provided in City Centre (Castle ward)
- 16% of EHC provided in Westcotes
- Gaps in service with teenage pregnancy hotspots but young people may prefer to use city centre pharmacies?

#### Needle Exchange and Supervised Consumption



- Needle exchange provided in 12 pharmacies
- 47 pharmacies signed up for supervised consumption
- Numbers of individuals using needle exchange services are highest in Stoneygate and Western Park
- No data on supervised consumption
- Numbers in drug treatment higher in west of Leicester

## **Smoking Cessation 1**



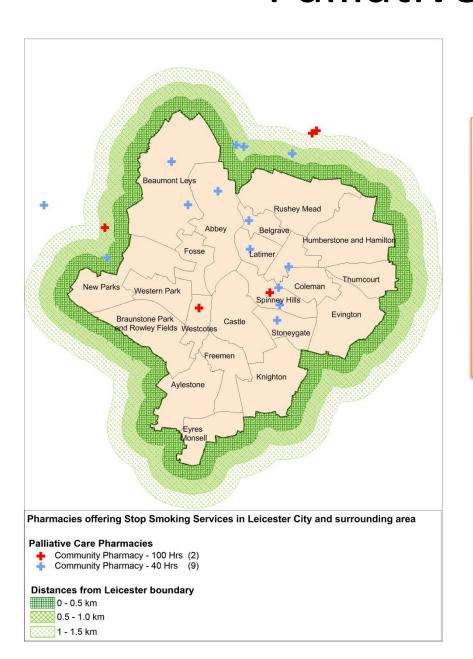
- 50 pharmacies are providing stop smoking services
- Pharmacy provision of Stop Smoking services:
  - Highest in Charnwood and Spinney Hills -5 pharmacies each
  - Low in Abbey, New Parks and Rushey Mead have low provision – 1 pharmacy each
  - No provision in Freemen or Evington
- High smoking prevalence (2010):
  - Eyres Monsell (43%)
  - New Parks (38%)
  - Freemen and Westcotes (36%)

## **Smoking Cessation 2**

	Pharmacies with Stop Smoking	Estimated smoking prevalence	Number setting a quit	Number of 4 week	% Successful	Est	Pharmacies offering smoking cessation per 1,000
Ward name	Services	2010	date	quitters	quitters	smokers	smokers
Abbey	1	31.8%	54	23	42.6%	3567.8	0.3
Aylestone	2	26.7%	158	77	48.7%	2333.6	0.9
Beaumont Leys	2	28.5%	41	17	41.5%	3357.4	0.6
Belgrave	2	20.5%	37	22	59.5%	1844.4	1.1
Braunstone Park and Rowley Fields	2	34.8%	151	80	53.0%	4519.8	0.4
Castle	4	18.4%	117	61	52.1%	4112.3	1.0
Charnwood	5	30.0%	87	48	55.2%	2823.3	1.8
Coleman	3	28.3%	51	26	51.0%	2981.6	1.0
Evington	0	16.5%	0	0	0.0%	1433.8	
Eyres Monsell	2	43.2%	56	29	51.8%	3549.1	0.6
Fosse	2	28.9%	76	41	53.9%	2938.3	0.7
Freemen	0	36.1%	0	0	0.0%	3032.2	
Humberstone and Hamilton	3	32.5%	70	32	45.7%	4517.6	0.7
Knighton	2	9.3%	26	15	57.7%	1252.3	1.6
Latimer	3	12.1%	30	13	43.3%	1215.9	2.5
New Parks	1	38.1%	71	28	39.4%	4585.5	0.2
Rushey Mead	1	24.8%	12	5	41.7%	3114.9	0.3
Spinney Hills	5	18.2%	92	64	69.6%	3174.3	1.6
Stoneygate	3	11.3%	59	36	61.0%	1698.6	1.8
Thurncourt	2	32.5%	3	2	66.7%	2607.5	0.8
Westcotes	3	35.9%	184	85	46.2%	3723.3	0.8
Western Park	2	19.5%	27	19	70.4%	1693.1	1.2
Total	50	25.5%	1402	723	51.6%	64076.5	0.8

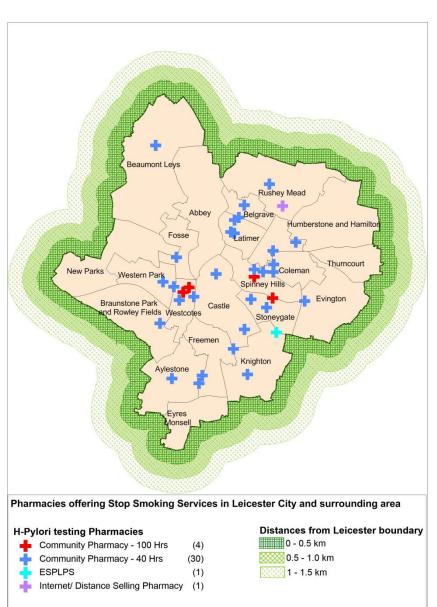
- 50 pharmacies are providing stop smoking services
- 1,402 people used the pharmacy based services to help them to stop smoking (13/14)
- 723 people were successful at stopping (4 weeks)
- In terms of estimated smokers
  - New Parks has lowest provision – 0.2 pharmacies per 1,000 smokers
  - Latimer has highest provision 2.5 pharmacies per 1,000 smokers
- Success rates:
  - Highest 4 week quit rates (n>5) from Western Park and Spinney Hills (70%)
  - Lowest 4WQ rates from New Parks (39% 4WQ) and high smoking prevalence (38% in 2010)

#### Palliative Care



- 11 pharmacies providing a palliative care service
- Provision in 9 of Leicester's 22 wards
  - 2 pharmacies in each of Beaumont Leys and Spinney Hills
- Lack of provision in west and south of city
- Highest provision in Abbey (15 pharmacies per 100 people aged 85 years and over
- Low in Abbey (0.3 per 100 85+ year olds)

## H-Pylori Screening



- 36 pharmacies providing the H-Pylori breath testing service
- Provision in 16 of Leicester's 22 wards
- Lack of provision in east and west of city near border
- No provision in Abbey, Eyres
   Monsell, Freemen, Humberstone
   and Hamilton, New Parks and
   Thurncourt
- Highest provision in Westcotes (33 pharmacies per 10,000 population
- Low in Braunstone and Beaumont Leys (0.6 per 10,000)

#### Other Services

- Nationally most subscribed to services are:
  - Stop smoking
  - Supervised administration of methadone
  - Emergency hormonal contraception
  - Minor ailments schemes
  - Medications reviews
  - Needle Exchange
- User views generally happy with the service. Would like to use further services such as travel vaccinations, flu vaccinations, cholesterol checks, NHS checks, blood pressure checks and weight management advice

#### Discussion

- Other gaps we should highlight
- Is there enough coverage within community
- Is there equitable coverage within community
- Should we be making any recommendations to NHS England about their future commissioning plans